



Kent Community Health NHS Trust Stop Smoking Service

Natalie Ayles

Tonbridge Forum
9th February 2015



Kent Community Health NHS Stop Smoking Service:

- Kent wide service
- Offers a range of interventions
- Free service



The programme:

- 7 week quit programme
- Behavioural support and pharmacotherapies including:
Nicotine Replacement Therapy and
Champix

The Service:

Covers cover a range of projects:

- GP Project
- Pharmacy Project
- Core Service
- Mental Health Project
- Workplace and Prison Project
- Training
- http://www.youtube.com/watch?v=C_htLw78Km4&feature=youtu.be



Tonbridge and Malling:

High Prevalence Areas:

Snodland East	38.5%
Trench	29.3%
East Malling	26.9%
Burham, Eccles and Wouldham	25.3%
Judd	25.0%
Snodland West	24.8%
Aylesford	24.4%
Medway	24.0%

Local Development:

Venues in the area

Other services that are operating- partnership working

Local knowledge

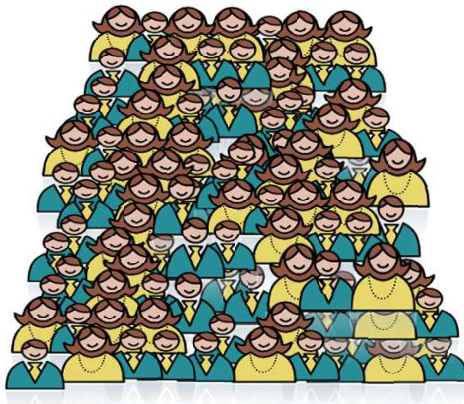
Places to promote, raise awareness and engage





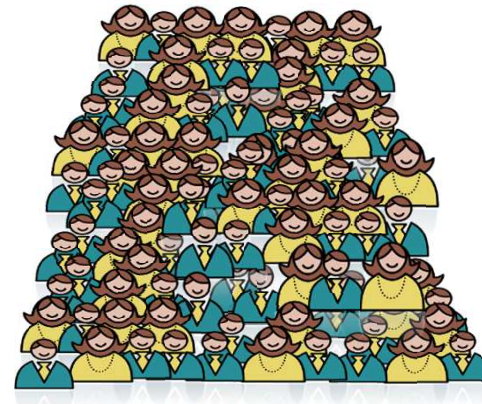
100 people in Kent

Attempt to quit alone



5 succeed

Quit with KCHT SSS



55 succeed





Kent Stop Smoking Service

In last 5 years over 44,000 have quit with KCHT Stop Smoking Service.





The Stop Smoking Service

We are your experts in the field

If you have any queries call us

0300 123 1220
Referral line



A person in silhouette is shown in a green field, stretching their body. The background is a vast blue sky with scattered white clouds. The text "Any Questions" is centered in the upper half of the image.

Any Questions

Excellent care, healthy communities

